

3NA'S TREATMENT

South William Street in Dublin is like the Savile Row of beauty with lots of my favourite salons settled there. Claudine King is the latest to move in with her fancy new salon, Claudine King Brows & Beauty, see www.claudinekingbrows.ie. Claudine has over ten years of experience in the beauty industry and is best known for her brow and lash treatments. However, she also has a wealth of experience in waxing, facial treatments, manis and pedis. I popped in to try one of her Rodial facials. Known as the glamorous alternative to surgery and bridging the gap between scientific and natural skincare, I tried the Dragon's Blood Sculpt Instant Liquid Facelift, €60. It's billed as an alternative to injectable fillers as this innovative facial instantly plumps up skin for a more youthful complexion. It's a great one to do before a big event or night out as the results are instant. I also tried the Yumi Lashes, €80, while I was there. Next time I'm going to try the Clinicare Express Chemical Peel, €65. I've heard great reports about this new generation chemical peeling product made up of various acids, antioxidants, vitamins, minerals and epidermal growth factor (EGF-1). It's anti-ageing and skin rejuvenating without any down time!



3NA'S TOP THREE

At this time of year all the new skincare and make-up launches light up my life and lighten my wallet considerably. Here's what I've been splurging on this month...

1 The clue is in the name, Chanel's Les Beiges Healthy Glow Foundation, €45, just gives me the happiest, healthiest looking skin. It feels and looks like nothing on the skin but actually has the perfect amount of coverage. There's an SPF25 and then there's the little known kalanchoe extract, the plant known for its ability to adapt to different climates that boosts and hydrates skin. Apply this one with your fingertips for a sheer finish.



2 I'm a Clarins gal. I get bombarded with so many other brands but I always go back to my beloved Clarins, in particular the Multi-Active range, from €57. They've just launched their fifth incarnation of the range in NYC and I of course had to go and check out. I'm happy to report it's even more effective. Cutting edge technology combined with the power of plants helps visibly reduce the look of fine lines, boost radiance and promote youthful-looking skin for longer.



3 Finally, I'm going to lay off all the washing and blow drying and use Aveda's new Shampure Dry Shampoo, €28, which is a 99.8 per cent naturally-derived non-aerosol powder mist that instantly revives and refreshes my hair. I adore the Shampure aroma; it leaves my hair smelling freshly washed, while the natural powders absorb excess oils and impurities. It's amazing!



3NA'S TREATS

1 The new Dolce and Gabbana Dolce Rosa Excelsa Eau de Parfum, €62, (available in Arnotts, Debenhams and good pharmacies nationwide from mid-February) comes with a fab limited edition lipstick from Dolce and Gabbana's own make-up range, which, BTW, you can't even get yet in Ireland! The rose is a recurrent motif seen throughout Dolce and Gabbana's runway collections and it inspired the creation of this gorgeous new scent.



miniature Advanced Génifique, Tonique Confort and Galatee Confort and for an even more luxurious feel Absolue Premium Bx Day cream and Absolue Premium Bx Night cream. The whole thing is worth €90. How could you not? You can get the gift with the purchase of two or more Lancôme products, from Lancôme counters at Brown Thomas, Arnotts, Boots, Clerys, Debenhams and McElhinneys from 27 January onwards, while stocks last.

3 I'm obsessed with Marie Kondo and her book, *The Life Changing Magic of Tidying Up*. Having de-cluttered my make-up I've got all my empty containers ready to go to Brown Thomas, as MAC do this great Back to MAC scheme, where you can swap/recycle six of your empties for a brand new lipstick which would normally cost you nearly €20. That's a 100 per cent discount. Very satisfying indeed!



2 Lancôme are getting on board and celebrating the Year of the Monkey this Chinese New Year by giving you a gorgeous, exclusive gift with purchase. This luxurious Lancôme skincare gift contains a



Beauty expert Triona McCarthy is Ireland's best-known beauty columnist, Beauty Editor of *Sunday Independent Life Magazine*, a regular contributor on *XPOSÉ* and a fully qualified beauty therapist. She's on top of every new beauty launch and trying it out first for you.

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